

Assess Risk in Your Workplace using the Wellness Checkpoint® Stress@Work: Global™ Psychosocial Risk Assessment

Now, more than ever, employers recognize the importance of understanding and addressing the psychological and organizational realities that impact employee health, well-being, and performance

Today, the detrimental health and safety aspects of work-related stress are widely recognized as results of workplace hazards that must be identified, evaluated, managed and mitigated with appropriate policies and management processes. To help employers do that, national and international standards, guides and resources have been developed including the [HSE Management Standards](#) (UK), the [PRIMA-EF Framework](#) (EU) (endorsed by the World Health Organization and the International Labour Organisation), the [ISO 45003](#) Guidelines for managing psychosocial risks and many national standards bodies for occupational health and safety.

Many jurisdictions have even enacted mandatory legal requirements for employers to identify and evaluate workplace hazards in compliance with local standards and put in place the necessary policies and practices to eliminate or mitigate them. These legal obligations may include administration of prescribed survey instruments on an annual or biannual schedule. Regardless of whether compliance is mandatory or voluntary, employers need to assess and evaluate risk exposures from the employees' perspective and identify gaps between policy and practice for the hazards identified in the applicable standards framework.

The Wellness Checkpoint Stress@Work: Global™ Psychosocial Risk Assessment can help. Use it to take the “pulse” of your employees, identify gaps between policies and practices, discover workplace issues that need management attention and interventions, and support employees experiencing work-related hazards that require professional evaluation and/or intervention.

The Stress@Work: Global™ Psychosocial Risk Assessment includes:

- ✓ **3 configuration options** for a global assessment checkpoint that easily adapts to local requirements and priorities:
 - **HSE Indicators** – based on the HSE Management Standards (UK), this core assessment measures seven key areas of work-related stress (demand, control, manager support, peer-support, relationships, role and change)

- **Global Indicators** – HSE core supplemented by validated questions and associated measures of work-related stress (job content, excessive work hours, environmental conditions of the workplace, career opportunities, recognition and compensation, work stability and interface of work and family) to fully align with all domains contemplated by the PRIMA-EF framework and the ISO 45003 Guidelines
 - **Custom configuration** – HSE core plus client-selected measures from the PRIMA-EF framework and the ISO 45003 Guidelines. Note: where additional questions are required for specific countries or clients, these can be integrated as a client-specific option under any configuration
- ✓ **Personalized results** - feedback and guidance to employees with referral to available client-specific resources, including where bullying and/or harassment is experienced
 - ✓ Wellness Checkpoint’s **powerful DataBanker LIVE management reporting** portal for actionable reports:
 - **Baseline data** at company, worksite, organizational and worker group levels for initial needs assessment and to track impact
 - **Global Scan of key risk metrics** by organization and work location to identify priority risk areas, support the development of action plans for risks mitigation, and monitor impact
 - **Manager report** presents key metrics with underlying drivers of risk for employee groups

The **Stress@Work: Global™ Psychosocial Risk Assessment** is part of **Wellness Checkpoint’s** new **Well-Being@Work suite** and is currently available in English, French, German, Spanish, Chinese, Portuguese, Dutch, Malay, Italian and Hungarian. We provide metrics and management reporting that meets international best practices and psychosocial risk standards and comply with all applicable privacy, security, and accessibility requirements.

InfoTech Inc. has been a recognized leader in health and productivity risk management for over 25 years. If you’d like more information about Wellness Checkpoint or the Stress@Work: Global™ Psychosocial Risk Assessment and other modules within the Well-Being@Work suite:

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